

Position shock as shown in the XC or FR swingarm positions

| LEFTY MAX 140 - SPV |           |                |                            | SWINGER X3 |              |          |            |      |
|---------------------|-----------|----------------|----------------------------|------------|--------------|----------|------------|------|
|                     |           |                | SWINGARN                   | POSITIONS  |              |          |            |      |
| RIDER<br>WT.        | FORK SIZE | FORK<br>SPRING | ۷<br>RE (psi)              | OND        | ХC           | FR       | REBOUND    |      |
| (lbs)               | FORK      | (Color)        | SPV PRESSURE (psi) REBOUND |            | SP<br>PRESSU | AIR PRES | SURE (psi) | REBO |
| 120                 | PT        | GREEN          | 40                         | 9          | 95           | 85       | 21         |      |
| 130                 | SM        | GREEN          | 50                         | 9          | 105          | 95       | 21         |      |
| 140                 | SM        | GREEN          | 60                         | 9          | 115          | 100      | 21         |      |
| 150                 | MD        | BLUE           | 50                         | 9          | 120          | 105      | 21         |      |
| 160                 | MD        | BLUE           | 60                         | 8          | 130          | 115      | 20         |      |
| 170                 | LG        | RED            | 60                         | 8          | 135          | 120      | 20         |      |
| 180                 | LG        | RED            | 60                         | 8          | 145          | 130      | 20         |      |
| 190                 | XL        | BLACK          | 60                         | 8          | 155          | 140      | 20         |      |
| 200                 | XL        | BLACK          | 70                         | 7          | 160          | 145      | 19         |      |
| 210                 | XL        | BLACK          | 70                         | 7          | 165          | 150      | 19         |      |
| 220                 | XL        | BLACK          | 80                         | 6          | 170          | 155      | 18         |      |



Position shock as shown in the XC or FR swingarm positions

| LEFTY MAX 140 - |             |         |          | FLOAT R   |         |     |  |
|-----------------|-------------|---------|----------|-----------|---------|-----|--|
| TPC or FFD      |             |         | SWINGARN | POSITIONS |         |     |  |
| RIDER           | FORK SPRING |         | JND      | XC        | FR      | DNC |  |
| RIDER WT. (lbs) |             | (Color) | REBOUND  | AIR PRES  | REBOUND |     |  |
| 120             | PT          | BLUE    | 9        | 100       | 90      | 4   |  |
| 130             | SM          | BLUE    | 9        | 110       | 105     | 4   |  |
| 140             | SM          | BLUE    | 9        | 115       | 115     | 3   |  |
| 150             | MD          | RED     | 9        | 125       | 120     | 3   |  |
| 160             | MD          | RED     | 8        | 135       | 130     | 3   |  |
| 170             | LG          | BLACK   | 8        | 140       | 135     | 2   |  |
| 180             | LG          | BLACK   | 8        | 150       | 145     | 2   |  |
| 190             | XL          | BLACK   | 8        | 160       | 155     | 2   |  |
| 200             | XL          | BROWN   | 7        | 165       | 160     | 1   |  |
| 210             | XL          | BROWN   | 7        | 175       | 165     | 1   |  |
| 220             | XL          | BROWN   | 6        | 185       | 170     | 1   |  |



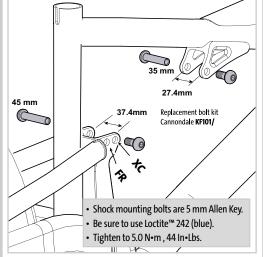
DADILIAAD

Position shock as shown in the XC or FR swingarm positions.

LEETV MAY 1/10

| LEFTY MAX 140 - |           |             | RADIUM R |           |            |         |
|-----------------|-----------|-------------|----------|-----------|------------|---------|
| TPC or FFD      |           |             | SWINGARN | POSITIONS |            |         |
| RIDER           | SIZE      | FORK SPRING | REBOUND  | ХC        | FR         | OND     |
| WT.<br>(lbs)    | FORK SIZE | (Color)     | REBO     | AIR PRES  | SURE (psi) | REBOUND |
| 120             | PT        | BLUE        | 9        | 110       | 100        | 9       |
| 130             | SM        | BLUE        | 9        | 115       | 105        | 9       |
| 140             | SM        | BLUE        | 9        | 125       | 110        | 9       |
| 150             | MD        | RED         | 9        | 135       | 120        | 9       |
| 160             | MD        | RED         | 8        | 145       | 130        | 8       |
| 170             | LG        | BLACK       | 8        | 155       | 140        | 8       |
| 180             | LG        | BLACK       | 8        | 165       | 150        | 8       |
| 190             | XL        | BLACK       | 8        | 175       | 160        | 8       |
| 200             | XL        | BROWN       | 7        | 180       | 165        | 7       |
| 210             | XL        | BROWN       | 7        | 185       | 170        | 7       |
| 220             | XL        | BROWN       | 6        | 190 180   |            | 6       |

#### **PROPHET SWINGARM POSITIONS**



| SHOCK<br>POSITION | HEADTUBE<br>ANGLE | RESULT   | SUGGESTED<br>REAR SHOCK<br>SAG |  |  |
|-------------------|-------------------|--|--------------------------------|--|--|
| XC                | 69°               | Cross-country feel. Steeper<br>head tube and seat tube<br>angles - quicker turning<br>and better climbing. | 13-15mm<br>(25-30%)            |  |  |
| FR                | 67.5°             | Freeride style riding. Slack<br>head tube seat tube angles<br>- more stability- slightly                   | 15-17mm<br>(30-35%)            |  |  |

## **LEFTY MAX 140**

Technology Overview

#### SPV - STABLE PLATFORM VALVE

Features the Manitou SPV compression damper. Adjust SPV air pressure and volume externally to control pedaling platform and progressive or linear damping. Additional features include the Cannondale-Specific rebound system which provides external rebound damping control with an indexed dial and wider range of adjustment.

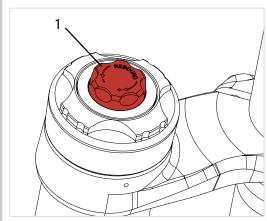
#### **TPC - TWIN PISTON CHAMBER**

Features independent damping pistons: one optimized for rebound, and the other for compression. Additionally, we use a low pressure, high volume system to eliminate cavitation (which leads to compression spikes and stiffening) and heat related problems. Our Quick Range TPC allows minimum to maximum compression damping adjustment in a half-turn of the knob. With the combination of Ouick Range TPC and the Cannondale-Specific rebound system, riders can quickly and easily tune ride qualities.

#### FFD - FLUID FLOW DAMPING

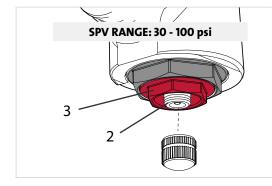
ATPC derived hydraulic damping system featuring compression and externally adjustable rebound damping pistons. We use a low pressure, high volume system to eliminate cavitation (which leads to compression spikes and stiffening) and heatrelated problems. The FFD still uses the Cannondale-Specific rebound system.

# **LEFTY MAX 140**



# **1 - REBOUND KNOB** (SPV, TPC and FFD forks) Controls the speed at which the fork extends following compression.

| SLOWER | Turn clockwise "+" to increase rebound damping which slows the rebound speed.                                |
|--------|--|
| FASTER | Turn the knob counter-<br>clockwise "-" to decrease<br>rebound damping which<br>increases the rebound speed. |



#### 2 - SPV PRESSURE (SPV forks only)

Controls pedaling platform of the fork. Pedaling platform is the fork's tendency to resist compression under the force of pedaling.

| MORE PRESSURE | Stiffer pedaling platform |
|---------------|---------------------------|
| LESS PRESSURE | Softer pedaling platform  |

### 3 - SPV VOLUME (SPV forks only)

Controls the volume of the internal SPV compression bladder. Change air volume by turning the red 16 mm hex.

| PROGRESSIVE | Turn clockwise to increase bottoming resistance |  |  |
|-------------|---|--|--|
|             | Turn counter-clockwise to                       |  |  |
| LINEAR      | decrease bottoming resistance                   |  |  |

#### **HOW TO SETUP SAG**

- Match FORK SPRING (color) to rider weight. See tables opposite side.
- 2. With the help of a second person, seat the rider on the saddle with feet on pedals and hands on the handlebar. Measure X.
- 3. Calculate Sag:

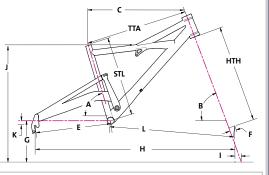
### 686mm - X = Sag(mm)

| ХС | 25-30% | 35-45mm |  |  |
|----|--------|---------|--|--|
| TR | 30-35% | 40-50mm |  |  |

Fine tune sag by changing the spring preload adjusters inside the fork. See the Lefty MAX 140 Owner's Manual Supplement.

www.cannondale.com/bikes/tech

## PROPHET GEOMETRY



#### PROPHET MX, PROPHET

Prophet MX 1, Prophet MX 2, Prophet 1, Prophet 2, Prophet 3, Prophet 3Z, Prophet 4, Prophet 5, Prophet 6

|                               | SIZE | PETITE                   | SMALL      | MEDIUM     | LARGE      | X-LARGE   |
|-------------------------------|------|--------------------------|------------|------------|------------|-----------|
| Seat Tube Length (cm/in)      | STL  | 40.5/15.9                | *          | 43.0/16.9  | 48.0/18.9  | 53.020.9  |
| Seat Tube Angle (degree)      | Α    | 73.5 [75.0]              | *          | *          | *          | *         |
| Head Tube Angle (degree)      | В    | 67.5 [69.0]              | *          | *          | *          | *         |
| Top Tube Horizontal (cm/in)   | C    | 54.5/21.5                | 57.5/22.6  | 60.0/23.6  | 62.5/24.6  | 65.0/25.6 |
| Chainstay Length (cm/in)      | E    | 43.4/17.1                | *          | *          | *          | +         |
| Fork Rake (cm/in)             | F    | 4.6/1.8                  | *          | *          | *          | *         |
| Bottom Bracket Height (cm/in) | G    | 33.0/13.0<br>[34.9/13.7] | *          | *          | *          | ,         |
| Wheel Base (cm/in)            | Н    | 106.2/41.8               | 109.0/42.9 | 111.7/44.0 | 114.8/45.2 | 117.9/46. |
| Fork Trail (cm/in)            | - 1  | 7.3/2.9                  | *          | *          | *          | 7         |
| Standover TT Midpoint (in/cm) | J    | 74.0/29.1                | 74.4/29.3  | 74.5/29.3  | 75.0/29.5  | 75.9/29.  |
| Bottom Bracket Drop (cm/in)   | K    | 0.0/0.0<br>-1.9/-0.7]    | *          | *          | *          | ,         |
| Front Center Distance (cm/in) | L    | 63.5/25                  | 67.1/26.4  | 69.7/27.4  | 72.8/28.7  | 75.9/29.  |
| Rear Travel (in/cm)           |      | 14.0/5.5                 | *          | *          | *          | +         |
| Shock Eye-to-Eye (in/cm)      |      | 20.0/7.9                 | *          | *          | *          | +         |
| Shock Stroke (in/cm)          |      | 5.0/2.0                  | *          | *          | *          | 7         |
| Recommended Sag               |      | 25%                      | *          | *          | *          | 4         |

# SET-UP GUIDE



